GAME ON!

NO, NOT THE NHL. PLUG IN YOUR ATARI, WRECK-IT RALPH RELOADS CLASSIC GAMES PAGE 10

$25 MILLION WINNERS

LONDON metro®

Monday, October 29, 2012

News worth sharing.

metronews.ca | twitter.com/themetrolondon | facebook.com/themetrolondon

London braces for impact

'Frankenstorm'. City has emergency plans, homeowners asked to do the same

ANGELA MULLINS
angela.mullins@metronews.ca

Londoners are being asked to batten down the hatches as Hurricane Sandy blows inland.

People should have flashlights and 72-hour emergency kits ready as Environment Canada calls for "Frankenstorm" to start landing its hardest local blows on Monday evening, said Dave O'Brien, London's manager of emergency management and corporate security.

City crews, meanwhile, have been cleaning debris from storm sewers and making plans to respond to everything from flooded streets to downed trees.

"We've been monitoring the situation and started having these conversations since Thursday," O'Brien said.

The big concern with this storm is the lengthy stay meteorologists are predicting for this deluge. "We have storm fronts that come through and maybe stick around an hour or so," O'Brien said. "This one will stick around for hours."

Hurricane Sandy, sweeping in from the Caribbean, is driving the violent forecast. When it makes landfall, it is expected to combine with two other wild weather systems, creating Frankenstorm.

Sandy's punch could drop anywhere from 50 to 100 millimetres of rain in southern Ontario. Rainfall could turn to snow when Sandy combines with a stalled cold front, Environment Canada says. Sustained winds of 40 to 70 kilometres per hour, with gusts of up to 100, are expected.

FOR MORE ON SANDY, SEE PAGE 6.

Be prepared

For a guide to creating emergency kits and emergency planning at your home or business, go to london.ca/emergency.

CABRERA GOES YARD

Miguel Cabrera of the Detroit Tigers, left, celebrates with teammate Austin Jackson on Sunday after hitting a two-run homer against Matt Cain of the San Francisco Giants in the third inning of Game 4 of the World Series at Comerica Park in Detroit. At press time, the game was tied 3-3. For game coverage, visit metronews.ca. EZRA SHAW/GETTY IMAGES

LASIK MD VISION

FREE Consultation
1-855-895-2020 • www.lasikmd.com

LASIK NOW, PAY IN 2014!†
$0 $0 0%
DOWN PAYMENTS INTEREST

LASER VISION CORRECTION
Starting at
$490*
/eye*
All-Laser LASIK Available

LASIK MD doctors have performed over 750,000 procedures

†Subject to Desjardins Card Services credit approval. Patients must reserve their procedure on or before January 20, 2013 and complete their surgery by February 28, 2013 in order to be eligible. Applicable to Custom LASIK on both eyes only. Cannot be combined with other offers. *Prices are subject to change without prior notice and vary based on prescription strength. Applicable to surgery on both eyes only. Other conditions may apply.

LONDON'S Airport

The Power To Surprise!

KIA

THE SURPRISE LOVE EVENT

0% FINANCING ON 2013

PAY FOR 90 DAYS ON SELECT MODELS

2012 RONDO

MSRP: $ 22,795

*No payments for 90 days on most 2012 and 2013 models!

KIA

LONDON'S Airport

Come East and Spend the Least!

KIA

LIKE OUR FACEBOOK PAGE AND FOLLOW US ON TWITTER @LONDONSARPTKIA

(519)451-5555 • 2284 DUNDAS ST • kialondon.ca

Fright night parties pretty 'tame': Cops

Halloween. Twenty-five arrests made Saturday night, 11 in the downtown core for public intoxication

ANDREW SERCOMBE
london@metronews.ca

Despite a higher than normal number of arrests, police and downtown patrons said Saturday night's Halloween festivities were kept under control.

"The number of arrests is higher than normal, but the night seemed tame," said Const. Will Knelsen of London Police Service.

Those sentiments were echoed Sunday by many workers on Richmond Row.

"It was crazy, but it was fun," said Marie Zak of Williams Coffee Pub. "Police were visibly present throughout the night, and that seemed to keep people in check."

Another coffee shop did much better this Halloween.

"Last year, we had our front window smashed," said Larissa Rammeloo of the Starbucks at Richmond Street and Central Avenue. "This year, there was no damage. Besides a few disrespectful debbie-downers, it was a good night. There were a lot of creative costumes."

Bar staff also said, aside from the visuals, it was basically business as usual.

"It was a pretty typical Saturday night," said Richard Denomme of Joe Kool's and Jim Bob Ray's. "Jim Bob's was packed with students, but there were no issues. It was great."

"It was a good, safe Halloween," added Adam Winkler of Winks Eatery.

Police say that despite arrests, Halloween festivities did not get out of control. HANDOUT

Holy ski school! Superheroes race for charity

Mother and daughter duo Christina Robinson, 37, left, and Mary Robinson, 16, right, both of London, don Batman and Robin costumes during the 10K run at Sunday's London X-Ray Associates Halloween Haunting in Springbank Park. About 875 registered racers competed in 2K, 5K and 10K treks, raising $11,000 for London Track 3 Ski School. The non-profit provides downhill ski programs for children and adults with disabilities.

ANGELA MULLINS/METRO

Mansion Night Club?

Four in custody for weapons investigation

Four men were in police custody Sunday as a result of a weapons investigation at a downtown establishment. A source told Metro the establishment in question was Mansion Night Club (89 King St.).

Officers were called to the King and Talbot streets area about 12:30 a.m. after an altercation occurred as staff were trying to remove people from the property.

Two staff members received minor injuries, police said. No charges had been laid as of Sunday afternoon. METRO

Reward. City hunts for ticket-writing machine

The City of London is looking for a handheld ticket writer after a bylaw officer left it on the vehicle roof and drove away.

On Thursday afternoon at around 3:15, an officer left the device on the roof of the enforcement vehicle parked on Princess Avenue behind Central Secondary School and drove away. The officer quickly realized what happened and returned to search for the item, but couldn't find it.

The person who returns it will get a $50 City of London gift card. The device's make/model is AutoCite X3, serial No. 87363. It weighs about five pounds.

If anyone has this device, call Annette Drost (519-661-2500 ext. 4991) to arrange pick-up. Or return it to any of the following locations — no questions asked: Provincial Offences Building (parking) (824 Dundas St.), city hall (300 Dufferin Ave.), or police headquarters (601 Dundas St.). METRO

The city is looking for a handheld ticket writer like these. CONTRIBUTED

Camp Queen Elizabeth
registration opens November 1, 2012!

YMCA CAMP QUEEN ELIZABETH

To register online, go to **www.campqueenelizabeth.com**
and click the **Register Now!** button.

2013

519.667.2357 facebook twitter ymcawo.ca

Lane reductions. Urgent sewer repair work to affect Adelaide Street

Adelaide Street will be reduced to one lane in each direction between Oxford and Piccadilly streets beginning Tuesday, due to urgently required sewer repair work.

Structural damage was identified during routine city sewer inspections last week using closed-circuit television. About 57 metres of clay pipe and one structure will be replaced just south of Oxford Street, necessitating lane closures and potential traffic delays.

While the sewer is being replaced, all efforts will be made to maintain one lane in each direction through the work area. The left-turn lane on Adelaide to go west on Oxford Street will be removed from service during the construction. METRO

Planning ahead

- The city advises motorists to seek alternate routes to avoid delays. If sewer and road construction proceeds under optimal conditions, the work is expected to be completed in about two weeks.

Book campaign

Library warns of fraudulent canvas

The London Public Library is advising the public that people may be fraudulently canvassing door-to-door collecting donations for the A Book for Every Child campaign. The public should be aware that the campaign doesn't involve door-to-door canvassing. METRO

OBAA

Local presence at business awards

Two London organizations were honoured last week at the Ontario Business Achievement Awards in Toronto. Western University won the ICAO Award for Corporate Governance, while Voices.com was a runner-up for the RBC Small Business Award. METRO

Pink guitar or not, the show must go on

Instrument of change. Guitar central to man's mission missing as big charity event nears

ANGELA MULLINS
angela.mullins@metronews.ca

They call him Mr. Pink.

It's the affectionate nickname Stephen Beckles acquired earlier this year, making his way around the city sharing his love for music via a miniature pink guitar.

Now, the instrument is missing — nabbed out of his bag about two months ago as he tried to help with a stalled car near Dundas and Waterloo streets.

The guitar — originally bought for his granddaughter — was a central part of Beckles' street ministry. As he strummed up tunes at area soup kitchens, on street corners and bus routes, the guitar was a conversation starter.

Or, as Beckles, 57, puts it, the perfect instrument for an immediate "social connection."

"It took on a life of its own for ministry," he said. "It's an attraction. It's unique.

"People ask me all the time if I've it gotten back."

The answer is a resounding "no," but Beckles was able to pick up a replica recently. The new pink lady looks the same but isn't as powerful — it has a hole in the side panel and Beckles hasn't been able to strike the right tune with it just yet.

He was hoping the original would somehow land back in his lap in advance of a Nov. 25 charity concert for the St. Joseph Hospitality Centre soup kitchen.

With the chances of a return looking less and less likely, the new guitar is slated to be the concert's centrepiece, even if it's just on display, Beckles said.

"I still have this optimism maybe for some strange reason it will come back."

Follow Angela Mullins on Twitter @MetroAngela

Stephen Beckles, 57, of London, plays his pink guitar in this still image captured from a YouTube video. The guitar was reported stolen to London police on Sept. 14. A video is available at metronews.ca. YOUTUBE.COM

Kindness Concert

Stephen Beckles and other musicians are planning a Nov. 25 benefit to help the St. Joseph Hospitality Centre (707 Dundas St.).

- The concert will be from 5 p.m. to 7 p.m. at Grace Assembly (360 Adelaide St.). A meet-and-greet is planned from 4 p.m. to 5 p.m.
- Admission is a non-perishable food donation.

iParent
finding answers together
FREE Parents Symposium...
Raising Emotionally Healthy Children
Keynote - Michael Reist
Author – Raising Boys in a New Kind of World, The Dysfunctional School
• Panel Presentation: Parent, Students, Community Mental Health Agencies, and Middlesex-London Health Unit
• Displays from community agencies
Thursday, November 15th
6:30 – 8:30 p.m. at H.B. Beal Secondary School
525 Dundas Street
Free Parking available off York & William Street
FREE Refreshments
REGISTER NOW!
Please register by Friday, November 9th
To register or for more information call 519-663-5317 extension 3060 or email Joy.Knott@mlhu.on.ca,
Free Child minding – Must be prearranged when registering.
www.healthunit.com/iparent
MIDDLESEX-LONDON HEALTH UNIT

Council voting on methadone clinic

Old South district.
Decision on controversial project slated for this week

City council will decide the fate on Tuesday of a methadone clinic that would be located next to a Dairy Queen.

The application by the Ontario Addiction Treatment Centre to place the clinic at 425 Wharncliffe Rd. S. has not been well received in the Old South community. Some Londoners have expressed concerns about the location, saying it will have a negative impact on local business and residents.

Coun. Denise Brown, who represents Ward 11, where the clinic would be located, says she doesn't support the clinic at that site.

"There's already one that's 700 metres away, one that's just a little over a kilometre away and we also have a pharmacy that's less than 200 metres away that dispenses (methadone)," Brown said. "Our problem is the clustering of them."

She says if the treatment were available exclusively from pharmacies, clinics wouldn't be needed.

"Personally, I would love to see the Minister of Health mandate that each pharmacy throughout Ontario must carry 30 or 40 treatments per day for methadone treatment," she said. "If the pharmacies all carried it, we would not require methadone clinics."

Brown also shares her constituents' concerns over the clinic's impact on young people, saying there's a dance studio and daycare nearby.

"The dance-school pupils are the exact same children who go to the elementary schools and the secondary schools," Brown said. "I'm not sure why the area would not be protected just like areas near elementary and secondary schools are being protected."

The Ontario Addiction Treatment Centre's zoning application is the first since city council passed new rules this year on where methadone clinics can be located.

AM980/AM980.CA

Roughing it for mental health

Ben Baxter, left, Jason Sonshine, Jason Grossman and Beejan Giga of the Western University fraternity Phi Gamma Delta camped out Saturday night in Victoria Park as part of the third-annual ABCampout for Mental Health. More than 50 people from the fraternity got out the sleeping bags, Grossman said, raising more than $13,000 for the Canadian Mental Health Association. The event was in honour of Austen Berlet, a fraternity brother who took his life in 2009 after struggling with bipolar disorder and depression. ANDREW SERCOMBE/FOR METRO

Police investigation

Tips needed in motorcycle crash

Police are looking for tips as they investigate a Thursday crash that sent a motorcyclist to hospital. The accident occurred on Southdale Road West near Bostwick Road when the man hit a shopping cart in the road. Investigators are looking for anyone who may have seen someone with a shopping cart. Call 519-661-5670 or Crime Stoppers at 1-800-222-TIPS (8477). **METRO**

Benefit

Breakfast honours Bright Futures

Monday is the ticket deadline for the Children's Aid Society of London and Middlesex's inaugural Bright Futures Breakfast. The Nov. 1 breakfast at the London Convention Centre celebrates the society's bursary program, designed to make post-secondary education a reality for youth facing obstacles. Tickets are $45. Call 519-455-9000, ext. 475, or email info@caslondon.on.ca. **METRO**

AS EXHILARATING AS IT IS AFFORDABLE.
Every Certified Pre-Owned Mazda we sell comes with warranties and guarantees to ensure that you drive away fully satisfied in a quality vehicle that you can depend on.

0.9% APR‡
SEE DEALER FOR DETAILS

CERTIFIED PRE-OWNED
- 160-Point Detailed Inspection
- 7-Year/140,000-Kilometre Limited Powertrain Warranty†
- 24-Hour Emergency Roadside Assistance
- 30-Day/3,000-Kilometre Exchange Privilege
- CarProof® Vehicle History Report
- Zero Deductible
- Available Extended Coverage

CRAFTED. ENGINEERED. CERTIFIED. zoom-zoom
mazda

†Coverage begins from the original new retail sale date and covers 7-years/140,000-kilometres, whichever comes first. ‡0.9% APR only for well qualified buyers; not all buyers will qualify. Amount of down payment and other factors may affect qualification. 0.9% APR available on all models and all qualifying model years (the 5 model years immediately preceding the date of this advertisement, or newer) for up to 24-month terms. Based on a representative example of $15,000 financed at 0.9% over 24 months equals monthly payments of $630.88 with $0 down payment, cost of borrowing is $141.03 with a total obligation of $15,141.03. Licence, insurance, taxes, down payment, and, where applicable, PPSA and other dealer charges are extra and may be required at time of purchase. Finance on approved credit for qualified customers only. Offer subject to change without notice. Visit your participating dealer for complete details.

Millions brace for superstorm

Hurricane Sandy. U.S. northeast coastal areas evacuated as big storm collides with two other weather systems

U.S. cities from Washington to Boston braced Sunday for the onslaught of a superstorm that could menace some 50 million people in the most populated corridor of the U.S., with forecasters warning New York could be in particular peril.

"The time for preparing and talking is about over," Federal emergency management administrator Craig Fugate warned as Hurricane Sandy made its way up the Atlantic. "People need to be acting now."

Forecasters warned the storm could wreak havoc over 1,300 kilometres from the East Coast to the Great Lakes. States of emergency were declared from North Carolina to Connecticut. Airlines cancelled more than 5,000 flights, Amtrak began suspending passenger train service across the Northeast and New York and Philadelphia moved to shut down their subways, buses and trains. They, along with Washington, Boston and Baltimore, also called off school for Monday. President Barack Obama, who met with federal emergency officials Sunday, said Sandy is a "serious and big storm" that will be slow-moving and might take time to clear up. The government would "respond big and respond fast" after it hits, he said.

As rain began to fall over the Northeast, thousands of people in coastal areas from Maryland to Connecticut were ordered to clear out Sunday. That included 50,000 in Delaware alone and 30,000 in Atlantic City, where the city's 12 casinos were forced by Gov. Chris Christie to shut down.

THE ASSOCIATED PRESS

Packing a punch

- **Rain.** Forecasters said the storm could bring nearly a foot of rain, a potentially lethal storm surge and punishing winds extending hundreds of kilometres outward from its centre.
- **Snow.** It could also dump up to two feet of snow in Kentucky, North Carolina and West Virginia.

Members of the Ross family watch the rough surf of the Atlantic ocean in Margate, N.J., Sunday. Hurricane Sandy was blamed for 65 deaths in the Caribbean before it began churning up the Eastern Seaboard. It was expected to hook left toward the mid-Atlantic coast and come ashore late Monday or early Tuesday, most likely in New Jersey, colliding with a wintry storm from the west and cold air streaming down from the Arctic. JOSEPH KACZMAREK/THE ASSOCIATED PRESS

New Yorkers stock up, but some are skeptical of commotion

New Yorkers were scouring local pharmacies and grocery stores for last-minute needs Sunday afternoon, hours before the first drops from Hurricane Sandy were expected to fall.

At a Duane Reade in Lower Manhattan on Broadway, shelves were stripped of flashlights and most candles.

Hannah Sanderson, 29, a student who lives nearby, said she was "frantically" trying to find candles. She was already stocked up on water, flashlights and food, she said.

Last year, she left the city during Hurricane Irene only to be stranded at her parents' house in Maryland, which was much worse off. This year, she was determined to stay in her apartment.

"I'm getting scared a little," she said. But she added, "I'm much less alarmist now. Last year, I was really scared. This time ... it's just a lot of hubbub."

Kristen Stack, 25, who works in finance, said she decided around noon Sunday to finally stock up.

"I figure, it's better to be safe than sorry," she said, with a basket full of bananas, bread and water.

She lives in a zone where on Sunday Mayor Michael Bloomberg had ordered a mandatory evacuation.

"I haven't decided" whether to leave, she said.

Her boyfriend, Brooklyn resident Zechariah Metzler, 27, who works in film, added, "I'm not concerned," but said stocking up was the smart option.

ALISON BOWEN/METRO WORLD NEWS

Before the storm

"It's this uncomfortable awkwardness to prepare for the unknown."

New York resident Parisa Garakani, 30

A man and woman shop for bottled water at a supermarket in the Rockaway Beach neighbourhood of the Queens borough of New York City as they prepare for the arrival of Hurricane Sandy. Mayor Michael Bloomberg has announced a mandatory evacuation of low-lying coastal areas of the city. ALLISON JOYCE/ GETTY IMAGES

Looking for sales training that's more effective than a quick-fix seminar?

You've found it: DAVE & STEWART LEBERT 519.690.0257

Backed by training offices in more than 25 countries, Sander Training is the only training organization that offers the constant support, guidance and reinforcement that leads to ongoing change and growth. **You won't fail because we won't let you. www.swpd.sandler.com**

Sandler Training
Finding Power In Reinforcement®

S Sandler Training Finding Power In Reinforcement (with design) is a registered service mark of Sandler Systems, Inc. © 2012 Sandler Systems, Inc. All rights reserved.

Taxpayer savings from registry repeal unclear

Long gun registry. RCMP can't or won't say how much the trashing of registry will save taxpayers

Range officer Patrick Deegan aims a rifle at a private range in Calgary in September 2010. The Conservative government that championed the end of what it calls the "wasteful and ineffective" long gun registry isn't saying exactly how much the registry's repeal will save taxpayers. JEFF MCINTOSH/THE CANADIAN PRESS

The Conservative government that championed the end of what it calls the "wasteful and ineffective" long gun registry can't say exactly how much the registry's repeal will save taxpayers.

More than seven months after the registry was officially ended in every province and territory except Quebec, the RCMP is citing a 2008 report — based on a 2004 costing model — to suggest the registry's repeal will save somewhere between $1.5 million and $4 million a year.

The registry of all firearms costed $7.7 million to operate in 2010-11, the last full year for which information is available. So why are the projected savings so small?

Neither the RCMP nor the public safety minister's office will offer an explanation, although the ongoing registration of handguns and restricted weapons must account for some of the difference.

"We have nothing else to say on this issue other than what we have provided you," RCMP spokesman Sgt. Greg Cox responded in an email after almost a week of correspondence with The Canadian Press.

Nor is the RCMP able to provide any cost estimate of destroying the gun registry data, saying only that it will be absorbed within the national police force's budget.

"The staff who are working on the project to destroy the data are RCMP employees who are also working on other day-to-day tasks," Cox wrote.

Francoise Boivin, NDP justice critic, believes the government's inability to provide precise costing says a great deal about years of gun registry spin.

"If your accountant was answering that way you would fire him on the spot," Boivin said in an interview.

"They've got all the information. Problem is, they don't divulge it because they're worried it might not prove exactly the point they've been stressing over and over."

Conservatives have claimed for years that the gun registry cost at least a billion dollars, and possibly two.

THE CANADIAN PRESS

Vancouverites prepare for worst

First-aid kits, radios and survival gear flew off Vancouver store shelves the day after a 7.7-magnitude earthquake near Haida Gwaii shook nerves across B.C.

Though few reported feeling the earthquake in the city, Vancouverites rushed to outdoors and hardware stores Sunday to stock up on just-in-case provisions.

"As soon as I saw the news coming in on Twitter about Haida Gwaii, I thought, 'I've been meaning to do this for years,'" said downtown resident Paul Nixey. "It's always that thing that slips to the bottom of your list."

Nixey, 29, bought the last first aid kit at the Home Depot on Terminal Ave. and Cottrell St. There were three empty shelves where the medical kits used to sit, he said.

At the Mountain Equipment Co-op on Broadway, staff said many customers were buying radios — an item on the province's earthquake preparation kit list — and asking for directions to the first aid section.

Grace Hiebert, 32, has a half-made earthquake kit at home, but decided to complete it after Saturday's quake.

"It made it more real, that it could happen," she said as she browsed M.E.C.'s aisles for water containers, survival blankets, candles and dry food.

Hiebert was once evacuated from a fire and knows how stressful emergency situations can be.

"You're panicking so you don't know what to take, you're grabbing random things," she said. "I know for myself having them all in one place will reduce the panic."

EMILY JACKSON/FOR METRO

Tips

Some items you need in a basic home emergency kit, according to Emergency Management B.C.:

- Two litres of water per person per day
- Canned food, energy bars and dried food
- Manual can opener
- Flashlight and batteries
- First aid kit
- Radio

Pregnant and New Moms: WANT HELP TO QUIT SMOKING?

This is a Western University research study to help pregnant and postnatal women who currently smoke and watn to become smoke-free. Participants will be compensated (paid) for their time.

For more information please call **519-661-3211 x 7** or email **smokefreemothers@gmail.com**

We'd love to hear from you.

NEED A RIDE?
Read metrodrive every Wednesday.

LUXURY HIGH RISE APARTMENTS
AVAILABLE NOW
520 TALBOT STREET
OPEN HOUSE
October 20, 27 and November 10.
FREE MONTH'S RENT
When you bring in this ad.
Call 519-933-6000 or visit
www.bluestoneprop.com today!

BLUESTONE PROPERTIES
Better Living, inside and out.
Offer Expires December 31, 2012

Wireless. Struggling Nokia pins hopes on Windows Phone 8

For Nokia, it comes down to this: Is Microsoft's new phone software going to get it back in the smartphone race, or is it going to be too late?

After being the top seller of cellphones in the world for 14 years, Nokia failed to meet the challenge when Apple in 2007 introduced the dazzling iPhone that caught the imagination of design-conscious customers and rattled mobile markets.

The Finnish company hit a downward spiral that has led to shrinking sales and market share, plant closures, thousands of layoffs and downgrades by credit agencies to junk status.

On Friday, research firm IDC said that in the July-to-September period, Nokia slid for the first time off the list of the top five smartphone makers in the world.

It's still the second-largest maker of phones overall, but sales of non-smartphones are shrinking across the industry, and there's little profit there.

The ailing company's CEO, Stephen Elop, sees Microsoft's new Windows Phone 8 software as a chance to reverse that trend, describing it as a catalyst for the new models.

Analysts are calling this a make-or-break moment for Nokia. "Nokia is placing a huge bet on Microsoft and if the gamble doesn't pay off, the losses can be high," said Neil Mawston from Strategy Analytics, near London. "It's putting all its eggs in one basket and that's quite a high-risk strategy." THE ASSOCIATED PRESS

Unified look

- The launch of Windows Phone 8 follows on the heels of Windows 8 for PCs and tablets, which Microsoft released Friday.
- The PC and tablet operating system has borrowed its look from Windows Phone, meaning Microsoft now has a unified look across PCs and phones — at least if people take to Windows 8.

PC, tablet buyers aren't abuzz over Windows 8: Poll

Radical redesign. New OS is most significant overhaul since 1995

Microsoft bills Windows 8 as a "re-imagining" of the personal computer market's dominant operating system, but the company still has a lot of work to do before the makeover captures the imagination of most consumers, based on the results of a recent poll by The Associated Press and GfK.

The phone survey of nearly 1,200 adults in the U.S. found 52 per cent hadn't even heard of Windows 8 leading up to Friday's release of the redesigned software.

Among the people who knew something about the new operating system, 61 per cent had little or no interest in buying a new laptop or desktop computer running on Windows 8, according to the poll. And only about a third of people who've heard about the new system believe it will be an improvement (35 per cent).

A Microsoft store product adviser in Seattle displays the new Surface tablet computer on Friday, the first day of sales for both the Surface and the Windows 8 operating system. ELAINE THOMPSON/THE ASSOCIATED PRESS

Chris Dionne of Waterbury, Conn., falls into that camp. The 43-year-old engineer had already seen Windows 8 and it didn't persuade him to abandon or upgrade his Hewlett-Packard laptop running on Windows 7, the previous version of the operating system released in 2009.

"I am not real thrilled they are changing things around," Dionne said. "Windows 7 does everything I want it to. Where is the return on my investment to learn a new OS?"

Microsoft usually releases a new version of Windows every two or three years, but it's different this time around. Windows 8 is the most radical redesign of the operating system since 1995.

Microsoft is hoping the way Windows 8 looks and operates will appeal to the growing number of people embracing the convenience of smartphones and tablets. THE ASSOCIATED PRESS

Where'd all the fish go? Sockeye inquiry report could prove damning for Ottawa

Some who took part in the inquiry looking into why millions of sockeye salmon vanished from one of British Columbia's most prized fisheries are already anticipating what the report might say, and many believe the news won't be good for the Department of Fisheries and Oceans.

B.C. Supreme Court Justice Bruce Cohen must deliver his report to the federal government by Monday. One of the groups that participated in the inquiry was the Watershed Watch Salmon Society, and its executive director Craig Orr said he believes the inquiry has proven major reforms are needed in how Ottawa manages fisheries and natural resources.

"The evidence was really clear that government is going to have quite a report on its hands, and there's going to be a very high expectation that there's going to be some major changes made," he said. THE CANADIAN PRESS

Come in. *Start again.*

Debts spinning out of control? Feeling overwhelmed?
We're here for YOU. For a FREE financial assesment, meet with us and learn about our solutions. Learn how you can stop the collection calls, protect your assets, make one manageable payment on debt and *start again.*

519.310.FREE
or visit us at **www.mclay.ca**

McLay
Trustee in Bankruptcy

Helping people throughout Southwestern Ontario with debt relief for over 20 years.

Israel

Former bank chairman indicted

Israel's Justice Ministry has indicted the former chairman of a major bank on charges including aggravated fraud and money laundering. The suspicions against Danny Dankner, who served as chairman of Bank Hapoalim between 2007 and 2009, centre on the lender's dealings with Turkey's BankPozitif. THE ASSOCIATED PRESS

Montreal

Pfizer to cut 300 jobs in Canada

Pharmaceutical giant Pfizer says it will cut about 300 jobs in Canada, mostly at the company's headquarters near Montreal. THE CANADIAN PRESS

TALKING ABOUT IT IS GOOD FOR MENTAL HEALTH

URBAN COMPASS
Todd Devlin
london@metronews.ca

As a mental health advocate, Margaret Trudeau has taken her message of hope and resilience around the country. On Thursday night in London, she will deliver that message, as well as the important one of ending the stigma surrounding mental illness, when she speaks at Western University.

She is most well-known for becoming the youngest prime minister's wife in Canadian history when, at the age of 22, she married Pierre Trudeau. But for years, Margaret Trudeau has been a champion for mental-health issues and has spoken extensively about her own battles with bipolar disorder, which she has suffered from her entire adult life.

Margaret Trudeau UWO.CA

As part of its Distinguished Lecture Series, Western's faculty of health sciences hopes to shine a light on mental-health issues as Trudeau takes the stage Thursday night (5 to 6 p.m.) at Alumni Hall in a free event that is open to the public.

"I think it's an important topic for students and adults alike, and (Trudeau) will help people understand that these issues exist, but also that they can be overcome," said Husayn Marani, the faculty's student council president. "Mental health in society is really stigmatized and the whole point of bringing a distinguished lecturer like Margaret Trudeau is to break that stigma."

Despite an increase in knowledge and awareness about mental-health issues, many sufferers — especially younger people — still find it difficult to reach out for help in the way they would for a physical ailment.

"I think it stems from the fact that there's a discomfort around talking about these issues in person," Marani said. "But people shouldn't bottle these issues up, and there is help for them."

There will be a mix of people in attendance at Thursday night's event, but Marani is hopeful there will be a large turnout of those who have been personally affected by mental illness. People like Anushree Davé, a friend of Marani and a fourth-year health studies and psychology student at Western.

"It will be nice to hear someone so successful talk about a taboo topic in front of a large audience," Davé said. "And it will assure me that even some great people have had harsh battles, and if they can get through it, I can too."

Davé says he wishes students were taught about mental-health issues in school, ideally at the high school level. As a residence advisor at Western for three years, he says he has found that students often keep it to themselves when trying to get through tough times, whether it's depression, homesickness, or another personal issue. The 22-year-old has some important advice for those people.

"Firstly, don't be afraid to recognize you are suffering mentally," Davé said. "Recognize that things are not OK and then talk to a professional who can help you. If you're not ready to talk about it in person, call a helpline or go online and find yourself a forum. Talking about it will help."

For more information on Thursday's event, visit uwo.ca/fhs.

Inspiration

"It will be nice to hear someone so successful talk about a taboo topic in front of a large audience. And it will assure me that even some great people have had harsh battles, and if they can get through it, I can, too."

Anushree Davé, fourth-year health studies and psychology student at Western.

Crash course in body work

SOLENT

Painted pile-up

Optical illusion of wrecked vehicle

Check out the paint job on this "car". Body-painting artist Emma Hack used 17 naked men and women covered in blue, black and silver paint to make a jigsaw puzzle of a mangled vehicle. The pile of expertly placed bodies is part of a campaign for Australia's Motor Accident Commission to curb speeding. MWN

Artist's perspective

"Technically, it's probably the most difficult job I have ever done. It's quite magical how it's turned out."

Body-painting artist Emma Hack
Hack, from Adelaide, Australia, spent 18 hours creating the car. She famously painted singers Gotye and Kimbra for the hit song Somebody That I Used To Know.

Sketchy business

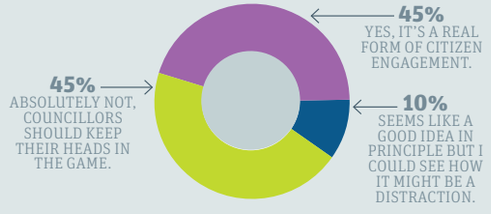
How she started... a photo and pencil

Hack began with a photo of a crashed car and planned her project by sketching over it — to determine the number of people needed and the position of their contorted bodies. She said: "Some were really obvious, such as the tires, face as side mirror and the front bumper as the arm. Then I started piling up the bodies to create shape." MWN

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Should councillors be allowed to use social media during debates?


45%
YES, IT'S A REAL FORM OF CITIZEN ENGAGEMENT.
10%
SEEMS LIKE A GOOD IDEA IN PRINCIPLE BUT I COULD SEE HOW IT MIGHT BE A DISTRACTION.
45%
ABSOLUTELY NOT, COUNCILLORS SHOULD KEEP THEIR HEADS IN THE GAME.

Twitter

@intowalls:
I slept in a fluffy white cloud last night. amazing! Why do I have to get out of bed? someone remind me. This coffee is not helping.

@HollysHopeLee:
#LdnOnt happy Sunday meowing.hug your cat today#catrescue #snugglecat#catlove

@irenemathyssen:
looking forward to being officially sworn in as a member of the Royal Canadian Legion today in #ldnont. #veterans #cdnpoli #NDP

@phronk:
Seeing a spider is scary. Losing sight of a spider is scarier.

@TaylorAmaya:
But was Mac Miller at your party because he came to our party hahaha. #Epic #Classic #partyon #fanshawe

metro

President: Bill McDonald • **Vice-President & Group Publisher, Metro Eastern Canada** Greg Lutes • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, London** Jim Reyno • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Vice-President, Sales** Quin Millar • **Sales Manager** Charlotte Piper • **Distribution Manager** Rob Delvallet • **Vice-President, Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Marketing & Interactive** Jodi Brown • **Vice-President, Finance** Phil Jameson • **METRO LONDON** • 350 Talbot Street Main Floor London ON N6A 2R6 • **Telephone:** 519-434-3556 • **Fax:** 888-474-3094 • **Advertising:** 519-434-3556 Ext. 2222 • adinfolondon@metronews.ca • **Distribution:** london_distribution@metronews.ca • **News tips:** london@metronews.ca • **Letters to the Editor:** londonletters@metronews.ca

Disney's Wreck-It Ralph revels in retro gaming culture, assembling a host of familiar old-school characters from Bowser to Q-bert. It just may provide gamers with their Toy Story moment. While direct adaptations of button-mashing bestsellers often end up as bargain bin rejects, when the focus broadens to the gaming scene itself, plenty of candidates for extended play begin to emerge.

MIKE DOJC
scene@metronews.ca

Wreck-It Ralph celebrates old-school gamer culture. HANDOUT

Gamer culture levels up

WarGames (1983)

Matthew Broderick is a teenage hacker who inadvertently breaks into what he imagines is a video game server but turns out to be a military supercomputer. When he begins to "play" Global Thermonuclear War, the lives of billions hang in the balance.

Tron (1982)

A sentient computer program shoots a laser at Jeff Bridges and sucks him inside its mainframe into a digitized world where programs are people who wear glow-in-the-dark hockey helmets and everybody gets a mini Captain America Frisbee shield. This virtual world, which presaged the Internet and the personal computing boom, was a visual tour de force.

The Wizard (1989)

Fred Savage and his video game savant brother hitch and hustle their way across America en route to a video game championship in L.A. with future indie rock queen Jenny Lewis (Rilo Kiley) in tow. While E.T. wrote the book on product placement, with the stranded alien developing a craving for Reese's Pieces, The Wizard took merch integration to a whole new level, promoting a flurry of Nintendo titles and the Universal Studios tour while seamlessly spinning a rollicking tween-age fantasy.

Grandma's Boy (2006)

While critics were foaming at the mouth to dump on this sophomoric R-rated romp about a 35-year-old video game tester who moves in with his granny (Doris Roberts), the Golden Girls meet American Pie gross-out comedy holds up quite well on the gags per minute metre compared with Happy Madison Production's most high grossing fare. High Times magazine even feted this budding cult classic with a trio of awards, including the coveted Best Stoner Movie.

Scott Pilgrim vs. the World (2010)

Sheepish yet irrepressibly endearing in a neo-nebbish hipster kind of way, Michael Cera (basically playing himself) sets out to defeat his fuchsia-haired girlfriend's seven evil exes who might as well be video game bosses. By injecting a litany of gaming tropes into an indie rock love story, this comic-book adaptation is not only an epic nerdgasm, but it just might spawn a new sub-genre.

Say bonjour to another 007 belle

Bérénice Marlohe. Stunning French star talks about kissing 007, her semi-naked scenes and relating to her predecessors

ROMINA MCGUINNESS
Metro World News

Bérénice who? You're forgiven if you don't recognize the name of the latest Bond girl — the French actress, 33, is known, if at all, for a few TV roles in France. She didn't break out until moving to Los Angeles, where she was cast as the latest baddie in Skyfall. Our health and lifestyle reporter — also from France — got her on the phone for a little girl talk.

Could you fall for a man like Bond?
Definitely. The James Bond played by Daniel Craig is extremely complex. He's funny, sensitive, strong and courageous. Personally, the combination of his virility, vulnerability and sense of humour are all magic ingredients. I could fall in love with a Bond like that. He's also got a really pretty little swimsuit.

When you got the part of Sévérine, did you think, 'Wow, I'm a Bond Girl, I must be super hot?'
Not at all, I find that kind of reaction really stupid. I'm amazed at how people think they can judge me as an actress based on the pictures they have seen of me. It's very disturbing when people assume becoming a Bond girl is a beauty contest. It really isn't. I'm an actress. I auditioned for the part. The Bond girl is a concept. So when people ask me how it feels to be one, I have trouble

Bérénice Marlohe. HANDOUT

taking it all in. Maybe the fact I got to interpret such a mythical role will hit me in a few years' time.

Let's look at what former Bond Girls have had to say. Eva Green—of Casino Royale —told one newspaper that she fought to keep her clothes on in the shower scene, saying, "They wanted me to strip down to my panties. We had a good fight about that." You, on the other hand, seem to have no problem getting naked.
Well you can't see very much!

So you didn't say: "I don't want to be naked in the shower."
I'm not very comfortable with nudity, so initially, I wasn't exactly thrilled. ... I asked my agent — 'What do we do with this? How naked do I need to be?' A Bond Girl is a combination of power, a masculinity, femininity and animality. I probably could have been like, 'Do I really need to get naked?' but I don't think anyone cared. It was more about the substance of the performance."

Did Daniel Craig have to get naked?
No, he had special privileges you see. He got to wear a little swimsuit—not the blue one from Casino Royale. Neither of us were completely naked."

Is James Bond a good kisser?
Yes! Not only is he a good kisser, he's also handsome and strong.

Bond Girl Barbara Bach from The Spy Who Loved Me called Bond "a chauvinist pig who uses girls to shield him against bullets." Is that true?
I'm the one who had to protect our darling Bond in Skyfall. He used to be a bit of a player, but he's become more subtle when seducing women, less of a flirt. His character would be a little bit grotesque had he never evolved.

Former Bond girl Jill St. John from Diamonds Are Forever said: "It's not easy being a Bond woman. You have to stay in shape when you're in a bikini all those months." Can you relate to that?
Nobody pressured me to be a certain weight. But the thing is, I have a huge appetite. I'm not one of those women who are like, 'I eat loads!' when in fact, they eat nothing but salad. Eating is one of my greatest passions in life. So yes, I had to force myself to go out for a run every once in a while.

Skyfall introduces a new breed of Bond girl

Naomie Harris. Fills famous role, but as a tough MI6 agent

NED EHRBAR
Metro World News in Hollywood

In Skyfall, British actress Naomie Harris — best known for 28 Days Later and Pirates of the Caribbean — delivers a new kind of Bond Girl, a highly trained MI6 field agent who can hold her own alongside James Bond. She takes a risky rifle shot at Bond (Daniel Craig) as he tussles with a baddie atop a train, and gives 007 a rather intimate shave. So naturally we wanted a few more details.

That shaving scene ends a bit ambiguously. Do Eve and James...?
Consummate? No, no, no. It was purposely that they have a phone call and it interrupts. So nothing happened.

As the opening sequence shows, Eve is a pretty tough field agent. But then she decides to take herself off of active duty.
I wanted to get across that she's someone who's in the midst of all the danger, in the midst of it all and actually loving it, not afraid, just loving it. You know, exhilarated and loving it. So this decision to no longer be in the field is hugely momentous for her. So I had to do a lot of soul-searching to find out what does that mean to Eve, how does she feel about it?

You've said that after getting this role, you had to keep quiet about it for two months before the official announcement. That can't be fun.
It's really difficult. I was so happy, and I wanted to tell everybody. And to be honest as well, it made it difficult because I also started to doubt it. You can't tell anyone, and you start to think, "Have I really got it? Did that really happen? Or was it a dream?" It started to feel like that. It was only when I started to have all of the training stuff, then I was like, "Well, they're investing a lot of money in training me and taking me to gun ranges, so it must be real."

Did you grapple at all with the legacy of Bond Girls before taking this role?
I felt really fine with it, actually. I think normally because the actresses who are cast are just being introduced to the world, and so they haven't got a body of work beforehand, I think it can be scary because it can be easy to become typecast. But because I've done such completely different stuff, I didn't feel like that was a problem.

Naomie Harris HANDOUT

Fewer musicians rocking the vote this election year

Election. Singers raising awareness about the issues rather than the candidate who supports them

PAT HEALY
Metro World News in Boston

Former U.S. President Bill Clinton, right, greets Bruce Springsteen on stage during the Get Out The Vote Event With Bill Clinton And Bruce Springsteen at Tri-C Western Campus Field House on Oct. 18 in Parma, Ohio. GETTY IMAGES

Many Americans are asking themselves if they are better off than they were four years ago. Is it still easy for them to attend politically inspired music events as they did during Barack Obama's initial bid for the presidency?

During the past two election cycles, rockers and rappers were stumping hard for their favourite candidates. But in 2012, only a handful seem to be rocking the vote.

A few days before he began playing special sets in the swing states of Ohio, Iowa and Virginia, Bruce Springsteen let his views on the upcoming election be known. Though his left-leaning opinions came as a surprise to very few, his words contained one interesting nugget as to why there aren't as many people joining in a chorus to get the youth to the polls.

"This presidential election is different than the last one because President Obama has a four-year record to run on," wrote Springsteen on his website. "Last time around, he carried with him a tremendous amount of hope and expectations. Unfortunately, due to the economic chaos the previous administration left him with, and the extraordinary intensity of the opposition, it turned into a really rough ride. But through grit, determination and focus, the president has been able to do a great many things that many of us deeply support."

That "really rough ride" could be why only a few musicians have hit the stage for their candidate this time around. Acts such as James Tay-lor, The Walkmen, The National and Jim James of My Morning Jacket have played election events for Obama, while Kid Rock played a set before a Romney rally in Colorado earlier this week. But the message of hope that characterized Obama's 2008 bid for the Oval Office enchanted far more musicians into lending a hand.

Earlier this week, a number of politically active women, including musicians Zoe Kravitz, Carrie Brownstein and Sia, posted a webcam montage of themselves lip-synching to Lesley Gore's 1964 hit, You Don't Own Me, as text flashes across the screen with this message: "Mitt Romney and the Republican Party plan to overturn Roe v. Wade, immediately defund Planned Parenthood, shut down the nation's family planning program and repeal the affordable care act. Let's send them a clear message on Nov. 6." At the end of the video, Gore says to the camera, "I recorded 'You Don't Own Me' in 1964, and it's hard for me to believe, but we're still fighting for the same things we were then."

Interestingly, the political message is more strongly "don't vote for Romney" than it is "do vote for Obama."

Civil rights. Having FUN. with marriage equality

Another group focusing on the issues is the organizers of Freedom to Love Now! A Concert for Marriage Equality.

The show, to be held Tuesday at New York City's Beacon Theatre, features Rufus Wainwright, FUN. and Doveman (a.k.a. Thomas Bartlett), who organized the show with friends Brice Rosenbloom and Simon Rentner.

Rentner says there's a reason they made the show about the political issue rather than a politician.

"The whole notion of having the freedom to marry and what that represents is kind of a conservative value. There are a lot of log cabin Republicans and you can't really pigeonhole who is into the idea of granting the freedom to marry for all people. … But obviously we needed and wanted to do this concert a week before the election because this election will have the opportunity to influence countless lives."

Rufus Wainwright

Rentner stresses that the show is about shedding light on what he says should be seen as a civil rights issue. It's also about fun — or FUN., rather.

"Given the apathetic climate that we sometimes feel, especially during the re-election year of a candidate, hopefully [FUN.] can be a galvanizing force, especially for the kids."

PAT HEALY/METRO

Madonna booed after touting Obama at New Orleans concert

Madonna drew boos and triggered a walkout by several concert-goers after she touted President Barack Obama on her MDNA Tour in New Orleans.

The Material Girl asked during Saturday night's performance: "Who's registered to vote?" She added: "I don't care who you vote for as long as you vote for Obama."

Drawing boos in touting Obama over Republican Mitt Romney, Madonna followed: "Seriously, I don't care who you vote for … Do not take this privilege for granted. Go vote."

Madonna is often outspoken.

Some Colorado fans, mindful of a mass shooting there, complained she used a fake gun to shoot a masked gunman in a recent concert act in Denver.

A July Madonna concert in Paris drew ire when a video showed a swastika on a politician's forehead.

THE ASSOCIATED PRESS

Madonna performs during her concert in St. Petersburg, Russia, in August 2012. ALEXANDER DEMIANCHUK/ THE ASSOCIATED PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Timberlake apologizes for video that appeared at wedding

Justin Timberlake has finally spoken out about the infamous video of L.A. homeless people wishing him and bride Jessica Biel well, played at his wedding.

"I think we can all agree that it was distasteful, even though that was not its intention. I want to be very clear … I am not defending the video," Timberlake writes on his website.

"I had no knowledge of its existence. I had absolutely zero contribution to it."

While not taking responsibility for the video — made by a friend as a gag wedding gift — Timberlake is still offering an apology.

"I want to say that I am deeply sorry to anyone who was offended by the video," he writes. "My friends are good people. This was clearly a lapse in judgment, which I'm sure no one who is reading this is exempt from."

Quoted

"I had no knowledge of its existence. I had absolutely zero contribution to it."

Justin Timberlake
Talking about a scandalous video that appeared at his wedding

Christina Aguilera throws Simon Cowell under the bus

Christina Aguilera doesn't mince words when it comes to her feelings about X Factor host Simon Cowell and the way he deals with contestants.

As she tells the Hollywood Reporter, Aguilera used Cowell's earlier gig as a judge on American Idol as an example of how not to behave when it came to her own judging duties on The Voice, her reality singing competition show.

"I saw the commercials early on of American Idol of Simon," Aguilera remembers.

"I was like, 'Man, that's not what it's about.' I didn't want to treat people like that. I wanted to do The Voice to show that we can be positive. We don't have to knock people down."

Christina Aguilera. ALL PHOTOS GETTY IMAGES

The Metro News Just For Laughs Comedy Tour Contest
club metro
CapitalOne
Just for laughs
Comedy Tour '12
YOU COULD WIN FRONT ROW TICKETS AND
A TRIP FOR TWO TO LAS VEGAS!
AIR CANADA
Paris LAS VEGAS
Go to www.clubmetro.com to enter today!
1) Win a pair of front row tickets to the Capital One® Just For Laughs Comedy Tour show at Centennial Hall on November 7!
2) Grand prize: a trip for two to Las Vegas, Nevada, including flights, courtesy of Air Canada, a 6-night stay at the Paris Las Vegas and a $200 gift certificate to Gordon Ramsay's Steakhouse!
NOV. 7 AT 7:30 PM
CENTENNIAL HALL
THE RELATIONSHIP EDITION
Jim Breuer
Modern Family Man
Debra DiGiovanni
The Single Cat Lady
John Heffron
The Domesticated Male
Godfrey
Ladies' Man
Line-up subject to change.
London portion of contest closes November 1, 2012. Open to Canadian residents 21 years or older. No purchase necessary. Odds of winning depend on the number of eligible entries. Go to www.clubmetro.com to enter and fill out entry form, including skill-testing question. There is one (1) prize of a pair of front row tickets to the Capital One® Just For Laughs Comedy Tour show in London. Winner in London will be pooled with similar winners in Halifax, Toronto, Ottawa, Calgary and Vancouver for the Grand Prize draw. There is one (1) Grand Prize of a trip for two to Las Vegas, which includes return airfare on Air Canada, six nights of hotel accommodation at The Paris Las Vegas and a $200 gift certificate at Gordon Ramsay's Steakhouse, valued at approximately $6,000 CAD (based upon departure from Halifax, actual value may vary depending upon time and year of departure).
Just for laughs Live
CapitalOne
The Official Credit Card of Comedy
metro
metronews.ca
AIR CANADA
Paris LAS VEGAS

Book excerpt

The great snack debate

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

In the 21st Century, the "snack" shelves in every grocery store across North America and Europe are taking up exponentially more real estate. And in response, the occasions on which it is deemed necessary or desirable to have a snack has grown exponentially as well. For instance, it is no longer acceptable to turn up at the following events without a snack for your children:

1) The neighbourhood park. Even if the park is two minutes away and, judging by previous visits, your visit will last for a grand total of six minutes. In fact, I now believe that the whole purpose of going to the park is to eat a snack outdoors.

2) Any child's sporting event. Soccer, baseball, hockey — all must include not only a snack, but a "snack schedule." I did an informal Twitter poll and found out that 99 per cent of moms don't support the idea of the structured snack, yet somehow that one per cent who do turn up at every single sports teams orientation meeting, spreadsheet in hand. I am now starting an informal "Stop the Snack Madness" campaign for my children's sports. The kids are not speaking to me, but it's worth the price.

EXCERPTED FROM KATHY BUCKWORTH'S SHUT UP AND EAT! TALES OF CHICKEN, CHILDREN AND CHARDONNAY, PUBLISHED BY KEY PORTER BOOKS, 2010. AVAILABLE AT CHAPTERS/INDIGO OR AT KOBO.
KATHY BUCKWORTH IS AN AWARD-WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY @ KATHYBUCKWORTH ON TWITTER.

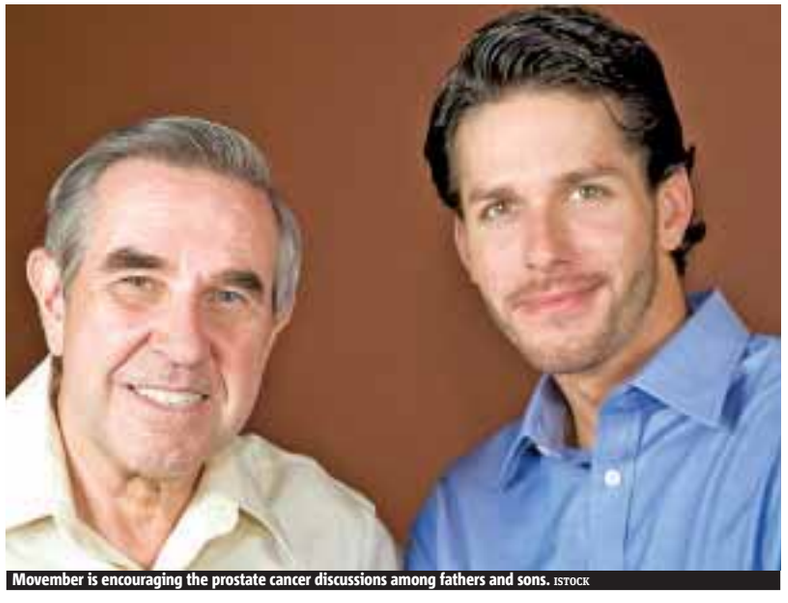
Exclusively online

What costs $200 and makes you cry so hard that even Like a Prayer won't soothe you? Follow the comedic (mis) adventures of mommyhood with Reasons Mommy Drinks at metronews.ca/voices

Now's the time to talk prostate

Movember. It's almost time for mustache-growing month, a movement in support for prostate cancer

MIKE DOJC
life@metrones.ca



Movember is encouraging the prostate cancer discussions among fathers and sons. ISTOCK

When fathers and sons bond over a cold drink and have "the talk," the talk is usually the awkward but necessary conversation about sex. While the scope of health wisdom dads dole out to their male offspring may also extend to the virtues of hand washing, regular exercise and sunscreen application, it is double-eagle rare that the just-for-men cancer will come up. But thanks to Movember, this is changing fast.

"Men typically don't talk about below-the-belt issues," says Rebecca von Goetz, executive vice-president of Prostate Cancer Canada. "However, it is becoming much more common place to have discussions about prostate cancer and to ensure that at one's annual physical, a discussion about the risks of this disease are addressed."

According to the latest Canadian Cancer Society statistics, 26,500 new cases of prostate cancer will be diagnosed in 2012. That makes prostate cancer the leading incident cancer ahead of lung, colorectal and breast cancer. And with 4,000 deaths a year nationally, it's the third leading cause of cancer mortality among men.

Still, talking isn't always easy. "Having a discussion about prostate cancer can be a psychological minefield," explains Dr. Daniela Friedman, a University of Waterloo graduate, now an associate professor specializing in cancer communication at the University of South Carolina's Arnold School of Public Health.

In her work on family communication and prostate cancer, Friedman has found that the recent controversy surrounding screening using the prostate specific antigen (PSA) test has complicated the prostate cancer conversation. False positives are frequent and the PSA can also detect cancers that are too slow growing to be a threat in the patient's lifetime.

Over-diagnosing these slow growing cancers can lead to bleeding and infection from biopsies and may cause erectile dysfunction and incontinence. "This is a disease people associate with impotence and losing one's (manhood,)" says Friedman. "I find that many men are embarrassed ... especially when it comes to the digital rectal exam."

In her 2012 paper, It Takes Two to Talk about Prostate Cancer, published in the American Journal of Men's Health, Friedman examines the heightened embarrassment men feel when talking about prostate cancer.

One of the men in her research study commented that male pride gets in the way, surmising that this is why Michael Jackson probably was always holding onto his reproductive area during performances.

Movember is all about making guys more comfortable opening up about the walnut sized gland located just beneath the bladder. "[The event] encourages men to band together — fathers and sons included — and the likelihood of a prostate cancer conversation is heightened as they share their efforts in growing their moustaches to raise awareness and funds for men's health," adds von Goetz.

- ADVERTISING FEATURE -

Losing weight can be tough . . . knowing who to ask for help can be even tougher! Well, Bodyworx has been a solution for hundreds of Londoner's over the past 8 years. Maybe you're looking to lose weight, gain strength, increase endurance, train for a race, or just put on a bit of muscle . . . .all of those are possibilities with the help of Bodyworx Personal Trainers and proper programming and nutrition. Clients have the opportunity to work with a nutritionist in conjunction with their trainer. They provide easy to use meal plans and ongoing counseling of diet and exercise.

Scott Admans has been the owner and trainer since he opened in '04. Owning his PT Studio was a long time dream of his. Working in the fitness field since 1996, he had a lot of experience and professional knowledge. His main goal was to develop a fitness studio with a specific model based on service. In order to do that you have to have top notch trainers, continuing education in the field and a genuine care for the people that come for help.

We currently are running a few different programs that may be more affordable to clients The Biggest Loser is a long time running program which incorporates PT and nutrition within 8 weeks. The 21 Day Rapid Fat Loss program which is Bootcamp based as well as measures, nutrition and on going monitoring.

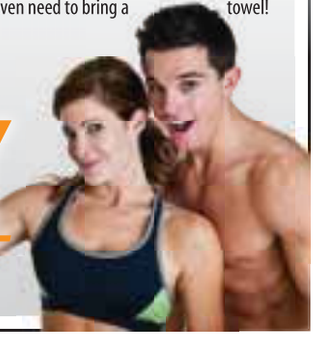
"Our biggest asset is getting to know each client. Making them feel important and truly caring about their results."

Bodyworx is located right in the downtown core. Their facility is comprised of 3 separate private Studios where clients train individually. They have full shower facilities . . . you don't even need to bring a towel!

Our motto: ***"...make a commitment, not a resolution!"***

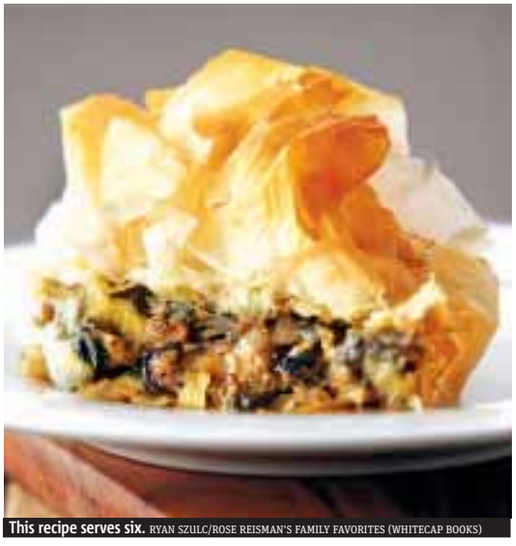
BODYWORX

515 Richmond St., Suite 15 | 519.858.BODY (2639)
bodyworxtraining.com



Take a bite out of the ultimate comfort food with phyllo pie

ROSE REISMAN
for more, visit
rosereisman.com



This recipe serves six. RYAN SZULC/ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

This mushroom, spinach and goat cheese phyllo pie is similar to Spanikopita but is made in a pie pan. It's a wonderful main course and works equally well as a side dish. Serve it with a mesclun salad.

1. Preheat the oven to 350 F. Lightly coat a 9-inch pie pan with cooking spray

2. To make the filling, lightly coat a nonstick skillet with cooking spray. Add the oil and set over medium heat. Add the onion and sauté for 5 minutes or just until the onion begins to brown. Add the garlic and mushrooms and sauté for 6 minutes or until mushrooms are no longer wet. Stir in the spinach, basil and salt and pepper. Cook for 3 minutes. Remove from the heat.

3. Stir in the goat cheese and mozzarella and the dill, green onions, olives, breadcrumbs and egg. Stir until all the ingredients are well combined.

4. Layer 2 sheets of phyllo in the prepared pie pan, keeping the remaining phyllo sheets covered with a damp tea towel to prevent them from drying out. Leave the edges of the phyllo sheets hanging over the edge of the pan. Lightly coat with vegetable oil. Layer the remaining sheets on top, spraying every other sheet. Carefully spoon the filling into the pie pan. Fold the phyllo sheets overtop to enclose and lightly coat with cooking spray.

5. Bake in the preheated oven for 25 minutes or until the phyllo is golden and the filling is completely heated through.

ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Ingredients

- 2 tsp vegetable oil
- 1 cup finely chopped onion
- 2 tsp finely chopped garlic
- 3 cups sliced mushrooms
- 1/2 package frozen spinach, thawed, drained, chopped and squeezed dry (about 5 oz)
- 1/2 tsp dried basil
- 1/4 tsp each salt and pepper
- 1/2 cup each crumbled goat cheese and shredded low-fat mozzarella cheese
- 1/3 cup each chopped fresh dill, green onions and black olives
- 2 tbsp seasoned dry bread crumbs
- 1 egg
- 6 sheets phyllo pastry

Healthy eating

Choose it and lose it

ROSE REISMAN
for more, visit
rosereisman.com

It's Halloween in a few days, so chances are you'll be nibbling on candy from the kids' goodie bags. Be careful what handful you grab.

M&M's Peanuts (84 g)

440 calories/ 22 g fat
Chocolate and peanuts are always a delicious but deadly combination for your weight. Stopping yourself from eating more than one handful is a real challenge.

Equivalent

An 84 gram serving of peanut M&M's is equal in fat to four vanilla ice cream cones from McDonald's.

York Bites — Peppermint Chocolate (84 g)

300 calories/ 5 g fat
This mint-and-chocolate combo contains much less calories and fat than the M&M's.

Puff Pastry Pissaladiere. Quick tart-like dinner

1. Heat oven to 425 F. Coat baking sheet with cooking spray. Unfold thawed sheet of puff pastry and set it on the prepared baking sheet.

2. Use paper towels to pat dry the roasted red peppers, removing as much moisture as possible without mashing the peppers. Cut the peppers into thin strips. Then arrange the peppers evenly over the pastry, spacing them so as to have enough to cover the tart. Then arrange the anchovies over the red peppers.

3. Season the tart with black pepper, then sprinkle the chopped olives evenly over the tart. Sprinkle Parmesan cheese evenly over everything.

4. Bake 15 minutes, or until pastry is puffed and browned at edges and cheese is melted and lightly browned. Cut into squares and serve warm.

THE ASSOCIATED PRESS

Ingredients

- 1 sheet frozen puff pastry (each 17.3-oz package contains 2 sheets), thawed according to package directions
- 2 roasted red peppers, drained
- 2-oz tin oil-packed anchovy fillets, well drained
- Ground black pepper
- 1/4 cup chopped Kalamata olives
- 1/2 cup grated Parmesan cheese

Stud egg bread with four varieties of seeds for crunch

When baking season brings thoughts of savoury loaves of bread hot from the oven, we often overlook egg breads.

But these rich, moist — and yes, eggy — loaves deserve serious consideration.

They are satisfying in a way we typically associate with quick sweet breads, yet are versatile enough to accompany dinner and make delicious sandwiches.

This recipe serves 16. MATTHEW MEAD/ THE ASSOCIATED PRESS

1. In a large bowl, combine the sesame seeds, sunflower seeds, poppy seeds, pumpkin seeds and yeast. Stir in the milk and water, then mix in the egg yolks. When well mixed, add the flour, sesame oil, vegetable oil, honey and salt.

2. Knead, either by hand or with a dough hook on an electric mixer on low speed, for 8 to 10 minutes. Cover with plastic wrap and allow to rise in a warm place for 1 to 1 1/2 hours, or until doubled in bulk. Meanwhile, coat a baking sheet with cooking spray.

3. Transfer the dough to a lightly floured counter. Fold the dough over itself, then work into a ball. Transfer the dough to the prepared baking sheet. Cover the bread with plastic wrap and allow to rise again for 1 hour, or until risen and puffy. Toward the end of the rising time, heat the oven to 325 F.

4. Using a paring knife, cut 2 deep slashes in the top of the load. Bake for 40 to 50 minutes, or until deep golden and cooked through. Transfer to a rack to cool.

THE ASSOCIATED PRESS

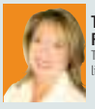
Ingredients

- 1 tbsp each toasted sesame seeds, toasted sunflower seeds, poppy seeds
- 2 tbsp toasted pumpkin seeds (also called pepitas)
- 1/4-oz packet instant yeast
- 1/2 cup warm milk
- 1/2 cup warm water
- 4 egg yolks
- 4 cups all-purpose flour
- 2 tbsp toasted sesame oil
- 2 tbsp vegetable oil
- 1/4 cup honey
- 1 tbsp salt

Christine Josic CONTRIBUTED

The In-Credibility Factor

Name: Christine Josic
City: Toronto
Age: 34
Occupation: Federal Crown prosecutor



THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

From a young age, Christine had always loved working with children, and went to university to become a teacher. After taking a criminal law course she found the courage to change her focus and began studying to be a lawyer.

She obtained her BA in criminology and criminal justice from Carleton University, her Canadian law degree from the University of Ottawa and her American law degree from Michigan State University, ultimately landing an articling position at the Crown law office, criminal division in Toronto.

Today she is a federal Crown prosecutor in Toronto, but has also kept her dream of teaching alive by being a course instructor at the University of Guelph.

Double the dream

"I teach advanced law and politics at the University of Guelph as well as being a Crown prosecutor, which is a definite challenge, but I love it because I'm bridging both of my passions at this point in my career."
Christine Josic

I knew I was on my way when ... I was offered a job as a prosecutor right out of the interview.

My first day was very overwhelming and exciting because I was parachuted into the busiest criminal courthouse in the country. I enjoy helping people and using my voice to advocate for the public interest.

Right now I teach advanced law and politics at the University of Guelph as well as being a Crown prosecutor, which is a definite challenge, but I love it because I'm bridging both of my passions at this point in my career.

Action Plan

• Prepare yourself for opportunity: My family is very hardworking and always valued education. They gave me everything they had, but I had to bridge the gap, so I worked, sometimes up to three jobs, while going to law school. Don't limit yourself. Create your own opportunities.

• Choose your own path: Be selective where you spend your time and efforts. Use your skills and focus on moving forward and progressing. Don't become stagnant in your career.

• Nurture your relationships: I didn't get here on my own.

I had help from my family, defense lawyers, Crowns, judges and colleagues.

I am constantly learning from those around me and I've been surrounded by a lot of strong women in my career who have given me poignant advice at critical points.

I truly value those relationships and they have been a major contributor for where I am now and where I'm going in the future.

CAREER TRAINING
Pursue Career Training as a Personal Support Worker
Graduate in 7 months and start a career at:
• Long-term care facilities
• Home health care agencies
• Retirement homes/ residences
www.TrainAtEverest.ca
Call Now for More Information!
1-866-777-7844
LONDON
(Citi Plaza, 2nd Floor, corner of Wellington and York)
16 CONVENIENT LOCATIONS IN ONTARIO
Providing Quality Education in Ontario for More Than 40 Years
Everest COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE
Programs and schedules vary by campus • Morning and afternoon classes available
Career services assistance available to graduates
Financial assistance may be available for those who qualify

Speed skating

3 golds for Canada on short track

Jessica Gregg, Guillaume Bastille and Valerie Maltais were all golden Sunday and the rest of the Canadian short-track speedskating team showed that the Maurice Richard Arena is clearly their home ice.

Gregg and Bastille both won gold medals as Canadians swept the second set of women's and men's 500-metre events in this weekend's World Cup stop in Montreal.

Maltais, from La Baie, Que., won Canada's third gold medal of the day in the women's 1000-metre final.

THE CANADIAN PRESS

Golf

Woods, McIlroy set for China duel

Tiger Woods is expected to get a $2 million US appearance fee and Rory McIlroy $1 million for their one-day exhibition match Monday in Zhengzhou, China.

The top-ranked McIlroy and Woods, a 14-time major winner, will play their first head-to-head match in an event without other competitors at Lake Jinsha International Golf Club.

The 18-hole medal-match has been dubbed the "Duel at Lake Jinsha."

THE ASSOCIATED PRESS

Tiger Woods THE ASSOCIATED PRESS

Smoke and mirrors: Pitchers rule playoffs

World Series. Composite post-season ERA of 3.04 through Saturday was baseball's lowest since 1991, according to STATS LLC

San Francisco Giants pitcher Matt Cain throws a pitch against the Detroit Tigers on Sunday during Game 4 of the World Series in Detroit. EZRA SHAW/GETTY IMAGES

When the San Francisco Giants scored twice off Detroit's Anibal Sanchez in the second inning of Game 3 of the World Series, Tigers fans at Comerica Park immediately grew edgy.

In this post-season, two runs can feel like 20.

"They're normally hard to come by in post-season, because you're going to face a good pitcher pretty much every night," Detroit manager Jim Leyland said.

Leyland saw that first-hand this year. The Tigers reached the World Series thanks to a fabulous performance by the starting rotation — and they entered Game 4 on Sunday night on the verge of elimination for pretty much the same reason. San Francisco led the series 3-0 after shutting Detroit out in Games 2 and 3.

The Giants became the first team to throw back-to-back shutouts in the World Series since Baltimore blanked the Los Angeles Dodgers three times in a row in 1966.

That dangerous Detroit slugging tandem of Miguel Cabrera and Prince Fielder? As quiet as Cabrera's bases-loaded popup in Game 3.

It didn't seem like anyone would top what Justin Verlander and the Tigers did on the mound through the first two rounds of the post-season. The Detroit ace allowed one run over two division-series starts against Oakland, shutting out the Athletics in the decisive fifth game. In the AL championship series against the New York Yankees, the Tigers gave up only six runs in a four-game sweep — and four of them were against closer Jose Valverde in one inning of Game 1.

San Francisco's Ryan Vogelsong has become the third pitcher to make four straight starts in a single post-season in which he allowed no more than one run. Tim Lincecum has provided a lift out of the bullpen. Even Barry Zito has pitched well lately for the Giants.

"I've been watching these guys all year," San Francisco shortstop Brandon Crawford said. "They're a lot of fun to play around. They all go out there and compete, throw all their pitches for strikes. It's easy to play defence for them." THE ASSOCIATED PRESS

Go to metronews.ca/sports for coverage of Game 4 of the World Series.

Pitching history

- At one point, Detroit's starters went 30 1/3 innings without allowing a run, a record for a single post-season.
- Then the World Series began. After three games, San Francisco's World Series ERA was 1.00, the lowest since Baltimore's 0.50 in 1966, according to STATS LLC.

THE ASSOCIATED PRESS

4 SPORTS

NEED A RIDE?
Read metrodrive every Wednesday.

RUST CHECK
Beat the rusties, add years of life to your vehicle!
1890 Cheapside St.
(519) 452-4821
CHEAPSIDE auto care
$10 Bonus Bucks
Get $10 off the regular price of a rust check application. Offer expires January 1, 2013
CALL TODAY FOR AN APPOINTMENT (519) 452-4821

PRE-PARTY AT THE BEEF
$2.75 Bottled Beers & Mixed Drinks
5 PM TIL 8 PM EVERYDAY
TOPLESS TUESDAY - "Need We Say More?"
TEQUILA WEDNESDAY - 330ml Corona + Tequila shots $3.75 each
Beef Baron GENTLEMEN'S CLUB
624 York St. London 519-672-3430 beefbaronsonline.com
LONDON KNIGHTS ticket give-away every Saturday night!

Falcons fly higher than Eagles to remain perfect

NFL. Matt Ryan throws for three TDs as Atlanta improves to 7-0 for the first time in franchise history

Asante Samuel stared directly at his former team's sideline and started trash-talking right after the coin toss. By the fourth quarter, Samuel was dancing on the field between plays.

Matt Ryan made it easy for his loquacious teammate to gloat.

Ryan threw touchdown passes on Atlanta's first three possessions against the Eagles and new defensive coordinator Todd Bowles, and the Falcons remained the NFL's only unbeaten team with a convincing 30-17 win over Philadelphia on Sunday.

"We're 7-0 over here baby," Samuel said. "If I was over there now, they have to go to work."

Atlanta Falcons defensive end Kroy Biermann sacks Philadelphia Eagles quarterback Michael Vick as teammate John Abraham looks on in Philadelphia on Sunday.
ROB CARR/GETTY IMAGES

The Falcons are 7-0 for the first time in the franchise's 47-year history, while the Eagles (3-4) lost after a bye for the first time in 14 games under coach Andy Reid since 1999.

"That was an embarrassing performance," Reid said. "I'm stating the obvious. We need to get better. I need to do a better job. This is fixable. We have the talent."

Ryan finished 22 of 29 for 262 yards and three TDs for his first win against his hometown team in three tries.

Michael Vick didn't turn the ball over for once, but he played so-so and failed to beat his former team in his second start against the Falcons since returning to the NFL in 2009.

"Whatever decision coach makes, I support it," Vick said when asked about possibly being benched for rookie Nick Foles. "I know I'm giving it everything I have when I'm out there." THE ASSOCIATED PRESS

Horoscopes

♈ Aries
March 21 - April 20
Give your body a rest. Use your brain to get things done. One way, of course, is to get others to do them for you and the art of persuasion will come easy to you today. You know just what to say.

♉ Taurus
April 21 - May 21
The Sun in your opposite sign of Scorpio means you have to accept the fact that others are in the driving seat at the moment. Why not go along for the ride? Who knows, it could be fun.

♊ Gemini
May 22 - June 21
You need to be honest with yourself about how far you have come and how far you still have to go to reach your goals. Changes have to be made and now is the best time to decide what they should be.

♋ Cancer
June 22 - July 23
There is no way you are going to realize your ambitions without help from other people, and what happens today will bring that fact home to you forcefully. It's time to be more of a team player.

♌ Leo
July 24 - Aug. 23
Your understanding is such that you now accept that recent setbacks were not designed to destroy you but to toughen you up for the challenges ahead. Start making plans – and make sure they are big ones.

♍ Virgo
Aug. 24 - Sept. 23
You may need to be alone with your thoughts, and that's okay, but don't switch off from the world completely because there are things going on you need to be aware of. Put your phone on mute, but keep it turned on.

♎ Libra
Sept. 24 - Oct. 23
Travel and social activities are under good stars today but you are advised not to make any long-term plans – that is, more than seven days ahead – because things will change rapidly next week. For now though, have fun.

♏ Scorpio
Oct. 24 - Nov. 22
You may be feeling on top of the world but something unexpected will bring you down to earth over the next 24 hours. It's no big deal but it is a reminder that change is the only constant in life.

♐ Sagittarius
Nov. 23 - Dec. 21
Mercury, planet of the mind, moves into your sign today, boosting your self-belief and making it easy to get motivated. However, long-term success depends on more than just confidence. Are your plans realistic and reachable?

♑ Capricorn
Dec. 22 - Jan. 20
Stop worrying about what other people might think about you and start using your mind to get ahead in the world. You have everything going for you now and only doubt can keep you separated from success.

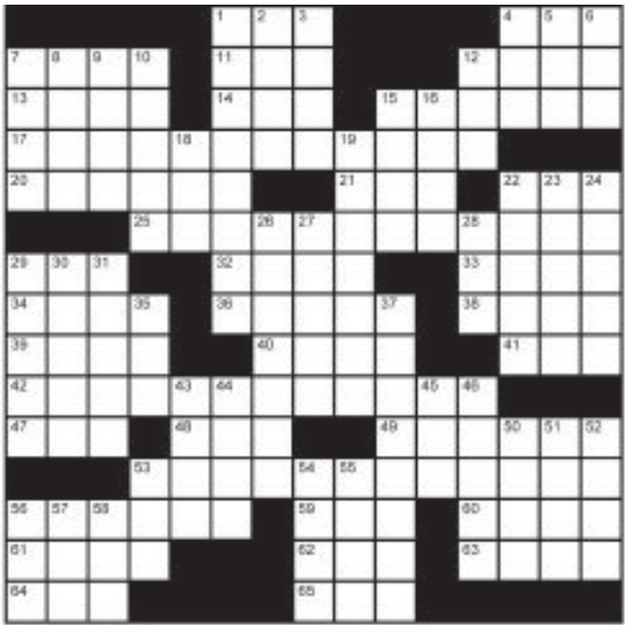
♒ Aquarius
Jan. 21 - Feb. 19
The bigger your dreams the more you will need assistance from people who have made the same or similar journeys before you. What can you learn from their mistakes so you don't have to make your own?

♓ Pisces
Feb. 20 - March 20
People in positions of authority are well disposed toward you at the moment and if you are smart you will make the most of it. Let them know what you can do.

SALLY BROMPTON

March Goes Out and March Comes In

BY MICHAEL WIESENBERG



Across
1. Definite article
4. Cause of chills and fever
7. Reverberation
11. Prairie Province stook makeup
12. Horn honk
13. Guitarist Clapton
14. Ontario-born hockey great Bobby
15. Town squares
17. Body of water bounded to the north by Ontario and Minnesota, and to the south by Wisconsin and Michigan (2 wds.)
20. Blurs by rubbing
21. 7th letter of the Greek alphabet (looks like an H)
22. Small battery
25. Canadian and American honeymooners' destination (2 wds.)
29. Dodge truck
32. Small iPod
33. Expires
34. Locale
36. Become parched, like a desert lakebed (2 wds.)
38. Computer menu selection
39. Invariable reply to the Little Red Hen (2 wds.)
40. Dove's home
41. Tennis match
42. First paradise (3 wds.)
47. Before: poetic
48. Accelerator particle
49. Items to be discussed at a meeting
53. Where actors put costumes on (2 wds.)
56. Harper's group
59. Car salesman's domain
60. A little bit wet
61. Charlemagne, Québec-born singer Celine
62. "Mais, ___!"
63. The Beatles' "___ a Woman"
64. ___ as a fox
65. PC key beside F1

Down
1. ___ Islands: archipelago that straddles the Canada-US border in the Saint Lawrence River
2. Stringed instrument that has been around for at least 6000 years
3. Charlotte Brontë's Jane ___
4. Usually red, tasseled cap that originated in Morocco
5. Meadow
6. ___ and downs
7. Slippery fish
8. Burn the midnight oil studying
9. A walk in the mountains or woods
10. It's east of Newfoundland
12. Tavern
15. Pocket bread
16. Bread unit
18. ___ Lanka: Ceylon today
19. Give new directions to
22. AKA
23. Tylenol rival
24. Something you have of value
26. Boys: Fr.
27. "Don't give me ___ your lip!" (2 wds.)
28. Personals
29. Mountain ___: The Rockies or Cascades
30. Let out ___: bellow like a lion (2 wds.)
31. 39.37 inches
35. Assist
37. Stuffily professorial
43. Ireland, to its natives
44. Negatives
45. Breakfast buffet item
46. Revenge of the ___: 1984 film
50. Biblical ark builder
51. Many a stadium topper
52. Rock bands need these
53. Uproar
54. ___ gin fizz
55. Debt acknowledgements
56. CFL scores: abbr.
57. Petroleum
58. Cowboy actor Rogers

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

9					1		5	
			8	5			2	
	5		4					6
	9	4		2				
1			7		4			2
				3		1	8	
7					6		4	
	3			8	7			
	6		9					3

Yesterday's Sudoku

Read metro your money every Tuesday for financial tips, trends and advice.
Only in Metro. News worth sharing.

DODGE | CHRYSLER | JEEP
OXFORD
ALL OUT CLEAROUT

2012 JEEP
GRAND CHEROKEE OVERLAND

- Top Of The Line Model -

FEATURES

- 3.6L Pentastar V6 290 HP
- Touch Screen Navigation
- Award Winning Luxurious Interior
- Premium Nappa Leather Seats
- Front & Rear Heated Seats
- Panoramic Sunroof
- Legendary Jeep 4x4
- Quadra Lift Air Suspension
- Automatic Climate Control
- 20" Alloy Wheels
- Tow Package

DO YOU MISS LEASING?

Payments quoted are the 'Customer Choice Financing' plan. Customer has the option to return the vehicle in 36, 48, or 60 months, just like a lease.

From **$343** Bi-Weekly —@— **0%** For 36 Months

48 MONTHS	$299 - Bi Weekly	0.99%
60 MONTHS	$279 - Bi Weekly	1.99%

No Charge 3-year basic maintenance with the purchase of any vehicle.

$625 VALUE!

All New and Used vehicle retail purchases include No Charge Lube, Oil & Filter and Tire Rotations for a period of 3 years from delivery date. Includes up to 10 Lube, Oil & Filter services (up to 12 for vehicles not equipped with Oil Life Monitors), up to 6 Tire Rotations and an Annual Peace of Mind Inspection.

625 Oxford Street West,
London Ontario

(519) 473-1010

www.oxforddodge.com

DODGE | CHRYSLER | JEEP
OXFORD

Payments are just plus HST & license. Payments quoted are the 'Customer Choice Financing' plan. Customer has the option to return the vehicle in 36, 48, or 60 months, just like a lease. Selling price is $49,596. See our sales staff for full details. Cost of borrowing sample on $10,000 is; 36 months $0, 48 month plan $206, 60 month plan $519. O.A.C., Payment is calculated with $750 down.